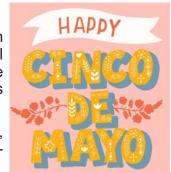


Today's Take-Aways

COVID-19 – Regional Updates

- Things COVID-related remain fairly stable at this point in the region with little to no changes that need to be communicated. While hospitals are still experiencing staffing challenges, the number of daily staff absences are decreasing. Many are seeing, however, an increase in the number of patients with higher acuity levels which are causing additional challenges.
- It has been noted that the overall COVID situation has been improving, not only due to widespread vaccinations but also due to the availability of anti-viral medications for those who require them.



Occupational Health and Safety

After reviewing some of the recent injury statistics for the organization, staff are being reminded
of the importance of ensuring all equipment is repaired in a timely manner and always in proper
working order.

Human Resources

• In order to be able to proceed with distribution of the province's Nursing Retention Funding to those staff who are eligible, we are still awaiting further documentation on the process for implementation. Despite the delay, it is anticipated that the deadlines for distribution will still be met, with the first payment scheduled to be issued in June. More details to come.

Lean

• Onsite visits by KPMG staff who are helping to refresh our Lean processes are currently scheduled to take place May 11th and 12th. During these visits, the team will observe status updates and huddles in addition to conducting various one-on-one and small group interviews.



Today's Take-Aways Continued

Staff Engagement Survey

• A huge THANK YOU to the 425 staff who have already completed the Staff Engagement Survey. This represents a 53% completion rate so far – let's keep it going – the more feedback the better!

To those who have not completed the survey, please take a few minutes to do so. The closing date is May 15th.

As Pembroke Regional Hospital looks towards recovery as an organization from the COVID-19 pandemic, we, more than ever, need to hear from all staff to help plan and set priorities to move forward.

The anonymous, short (less than 5 minutes) survey can be accessed through one of the options below:

- 1. Via the link https://www.surveymonkey.com/r/YR6T9D8
- 2. Visiting the PRH Intranet and clicking on the *Take the Survey* link.
- 3. Visiting The Loop Facebook page and clicking the link.
- 4. By completing the daily COVID Screener. A link to the survey will appear at the end of the screener after clicking "Submit".

Prizes will be awarded for the highest completion rate based on department groupings.

Project Updates

• Surgical Program Redevelopment – Recently, the province gave the green light to award the contract for this project which has been approximately a decade in the making.

The contract is currently being written and once signed, it will be approximately four to six weeks before the contractor arrives onsite to begin construction which is expected to take approximately two years.

The project which will modernize our inpatient surgical and day surgery facilities among other things is valued at approximately \$18 million.

Approximately 90% is being funded by the province while remaining 10% and equipment costs will be covered by the close to \$3 million that was raised through the Foundation's *Cutting Edge Campaign*. We are excited to see movement on this and will be providing regular updates on the phases once construction gets underway.

PRH Auxiliary Clothing Survey

• Just a reminder that the PRH Clothing Survey will close this Friday, May 6th. Thanks to the 231 staff who have already taken a few minutes to complete it. To those of you who haven't, your input would be greatly appreciated.

The PRH Auxiliary has agreed to consider taking on PRH clothing as a product line however, they would like to gauge the level of interest through this survey.

https://www.surveymonkey.com/r/59J8J6F

Tour De Bonnechere

• Congratulations to the team behind Tour de Bonnechere which recently was announced the winner in local tourism awards under the category of "Special Event of the Year" for 2021!

This local fundraising event supports initiatives driven by the Renfrew County Mental Health and Addiction Planning Table, the Eganville Food Bank as well as the vital work of other partner community agencies.

This year's event will be held on August 28th. Stay tuned for more details.



Tower A:

- Work on the 5th floor *Cancer Care Project* for Pharmacy is ongoing. Drywall was installed on the ceilings in both sterile rooms and the rooms are being prepped for paint. The heat exchanger is being assembled and connected to the roof top units.
- The 3rd floor *Surgical Day Care Project* received approval from the Ministry of Health and the contract was awarded to Hein Construction. The building permit was received from the City of Pembroke.
- The asbestos abatement was completed on the 4th floor LDRP Rotunda and Housekeeping Room. Work started in the A442 Nursery.
- Work is progressing in the Physician Lounge with the plumbing stack replaced in the wall and the piping for the sink installed. The terrazzo floor repairs were started and a new corridor entrance door installed.

Tower B:

• The fan parts were received and work started on repairing the air handler unit for Rehab.

Tower C:

- The renovation work for the Ground floor Geriatric Day Hospital continues. The ceiling grid and bulk heads were installed and most of the painting has been completed. The flooring was replaced in C017 and in another common area room. New LED light fixtures were installed with dimmers/occupancy sensors. The electrical receptacles and switches were wired along with the rest of the fire alarm system detectors.
- Planning resumed on renovations for the rest of the Ground floor. A structural engineer inspected the steel trusses in the 1st floor ceilings for support of the new air handle unit. The plans are being reviewed before going out to tender. The building permit was received from the City of Pembroke.

D'Youville Warehouse:

• A new fire alarm panel was installed with supervisory alarm capabilities. The new domestic water lines were insulated.

Where To Find Staff Discounts

Looking for some hotel and attraction discounts for your summer vacation plans?

Looking to see if we have any discounts for phone plans?

Need a cheaper rate for Park 'N Fly?

Looking for group insurance rates?

Want to learn more about the
PRH Staff Association?

Looking for a discounted gym membership?

Visit Staff Discounts on the PRH website!

https://www.pemreghos.org/staffdiscounts



National Nursing Week May 9-15

Nursing Week is a time when we honour the incredible contributions of nurses.

This celebration takes place the same week as nursing pioneer Florence Nightingale's birthday on May 12th.

It seems fitting that the theme this year remains **#WeAnswerTheCall**; developed by the Canadian Nursing Association. This theme highlights the many roles that nurses play within our patients' healthcare journeys.

Throughout this pandemic, as nurses, you have shown your ability to play this very important role, showing courage and commitment to our community. Working alongside so many others to strengthen our patients' journeys, we thank all support staff, allied health professionals, physicians and volunteers. I always say, we are only as good as the team we have around us and at the Pembroke Regional Hospital we have a remarkable team!

Over the course of this week I encourage everyone to take some time to refuel and re-energize. Celebrate one another and the teams around you that make us all so much stronger. Take some time to enjoy the meditation session organized for May 10th or the treat day on May 12th but mostly, take a

moment to for self reflection and to reflect on your contribution to our patients' healthcare journeys. Each and every one of you makes a difference. Thank you! Happy Nursing Week!

Beth Brownlee.

VP Patient and Support Services
Chief Nursing Executive





In Recognition of Canada Health Day
and Celebration of
National Nursing Week,
Join us Thursday, May 12th For
Muffins And A Beverage
From 8-11 a.m. In The Lunch Box

Your choice of muffin from an assortment of flavours (while supplies last) and a cup of coffee or a container of milk (white or chocolate - while supplies last).

Assorted muffins will be delivered to offsite locations for distribution and will also be delivered to units later in the day for evening and night staff.



Senior Leadership would like to invite ALL PRH Staff to take a few moments to relax and regroup in this FREE and invigorating new experience!

Highlighting National Nursing Week

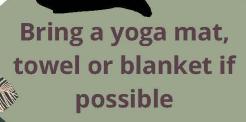
Join Jessica Lemieux (MSW, therapist & meditation guide) for a releasing and restorative self care practice on the rehab patio! 1st Floor Tower B



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Tuesday May 10th at 1030-1100 and 1115-1145

Sign up through Facebook Event page on the Loop or email education@prh.email Take a few moments and anchor yourself anchor yourself CARE AND WELLN



Cultivation Therapy Services

Commemorate your coworkers by sending a message on how someone you work with inspires you to education@pemreghos.org or post #IKnowANurse to share stories of exceptional nurses, because everyone knows a nurse who has left a lasting impression! (CNA)

Date	Event	Time/Place
Monday May 9th	Decorate your unit, post pictures on the Loop!! Champlain Region Nurses Week Presentation "Contemporary Nursing Roles in Today's Health Care System"	11:30 am Zoom and in rm C142
Tuesday May 10th	Join Jessica Lemieux (MSW, therapist & meditation guide) for a releasing & restorative meditation practice on the lawn! Details on the Loop and email ALL PRH STAFF INVITED	Rehab Patio
Wednesday May 11th	Unit team shirts/color scrubs "Blessing of the Hands" Ceremony by Garry Engler Spiritual Care Coordinator	Education Team will come around and take pictures at 11am Ceremony at 1400 in the chapel or by Zoom, link in the Education calendar
Thursday May 12th	PRH will host a snack and drink in the cafeteria hosted by SLT for all PRH staff to commemorate nursing week	Cafeteria
Friday May 13th	Education will post all the comments/stories posted by staff in a presentation. (See instructions above)	0800-1400 Thank







Join Zoom Meeting:

https://us02web.zoom.us/j/88989581261?pwd=aDFPRHcwdU1yRFdQUE5XQy9DdVZ0Zz09

Link can also be found on *The Loop* and in an email sent to everyone May 4th.



THANK YOU

Thank you so much to Tabitha Hamelin and her knitting and crochet group, Yarned Forces Petawawa for making a special delivery of handmade lap blankets, hats and slippers for our patients.

The group of yarn enthusiasts (mostly knitters and crocheters) is comprised of military family and spouses located in the Petawawa area.



Melanie Newburn \$907!

Ticket# A-2674330 Card#4 - 5 of Clubs

Week #2 Estimated Jackpot
If the Ace of Spades is caught is over: \$3,000

www.PRHcatchtheace.ca

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Foundation News





Catch the Ace is BACK!













HEROES RUN FOR HEALTHCARE, SUPPORTING LOCAL CANCER CARE Register, Fundraise and WIN!

www.heroesrunforhealthcare.ca









Heroes Wanted! The Call Has Gone Out!

Engage Your Team In Some Friendly Competition!

PRH STAFF/PHYSICIAN CHALLENGE

Register for the:

5K Timed Run, the 5K Untimed Run/Walk or the 2K Superhero Run, or sign up as a volunteer and your department may win a prize!

Pizza parties will be awarded to:

- 1. The department/team with the highest percentage of Heroes Run for Healthcare participants.
- 2. The department/team with the highest dollar value of collected pledges.

Prizes will be awarded to:

- 1. The PRH team with the most spirit (energy, enthusiasm, costumes, etc.).
- 2. The individual with the most spirit (energy, enthusiasm, costume, etc.).
- 3. The team with the best name.

If you aren't a runner, or a walker...there are lots of volunteer opportunties.

To learn more, email:
sabine.mersmann@prh.email or beth.brownlee@prh.email

And if that isn't for you, come on out as a supporter and cheer on our participants!



To ensure you are counted in your staff/department grouping, please:

- Email carolyn.levesque@prh.email or sharon.allain@prh.email to let us know if you and/or your family have registered for one of the events or will be helping as a volunteer. Also indicate which department/grouping you are a part of.
 - If you are registering in the Foundation office, please indicate the same information.
- If you have registered or are registering online please be sure to email one of the contacts listed above in order to be counted towards our friendly inter-department competition!

GRATITUDE

- Congratulations to Joey Allen who was celebrated by Lisa and the stroke team for recognizing the signs of stroke on a patient in CT and taking the appropriate action. Well done!!
- "I am retiring soon and I just wanted to acknowledge the many lovely people that work at PRH. Thank you for your kindness and friendship over the years. Everyone who works here is important and together you all make PRH a great place. I wish you all the best and thank you for caring for our munity." Wanda Edmonds, HR, Staffing/Payroll



Thank You

Barry's Bay resident Merita Etmanskie recently delivered over 400 hand-knitted hats for our hospital's newborn babies through our Maternal Child Care program.

Over the past six years, Ms. Etmanskie has knitted 1,871 hats which have been distributed to organizations in need including PRH.

Ms. Etmanskie also has a special connection to Pembroke Regional Hospital having taught at the Lorrain School of Nursing until 1974.

Receiving the special delivery were nursing staff Corinne Clarke, Laurie Ryan, Patricia Savard and Patty Keon.



PRH Staff Association Treat Day Featuring. From Pembroke's New Loaf Artisan Bakery.

Sweet Monkeybread OR Focaccia (Italian flat bread). Please Select Which Product You Would Like To Receive



For Those Who Are Gluten Free. We Are Offering A Candle Or Soap Bar From Our Previous Give-A-Way Supply.

Distribution Details:

Wednesday, May 11, 10:30 a.m. - Noon

The Lunch Box. 2nd Floor. Tower A

EVERYONE (groups/individuals) MUST pre-order. Please email pre-orders to carolyn.levesque@prh.email by Wednesday, May 4th.

PLEASE NOTE:

- 1. Pre-orders must be picked up between 10:30 a.m. and Noon May 11th.
- 2. Groups are responsible for ensuring staff on their lists:
 - are active members of the Staff Association in their department
 - wish to receive this month's treat
 - receive their items after pickup





May 9-15th.

Employees of Pembroke Regional Hospital

Get a quote today and receive a \$20 gift card of your choice on us!

When you choose The Co-operators Group Auto and Home Insurance for your insurance needs, you'll enjoy:

- > Great savings! when you combine your Auto and Home insurance
- Exceptional coverage and service, including 24/7 claims
- > Our unique Claims Guarantee, with risk-free advice on submitting claims
- > Easy, secure access to your insurance anytime with Online Services



The Pembroke Regional Hospital's Sunshine Gift Shop is having a

MOTHER'S DAY SALE

SUNDAY, APRIL 24TH TO SATURDAY, MAY 7TH

20% off all Merchandise

With every purchase complete a ballot for a chance to receive a special gift for mom on Friday, May 6th

Gift Shop is OPEN Monday to Friday from 10 to 4 and Saturday

and Sunday from 1 to 4

THANKS FOR YOUR CONTINUED SUPPORT